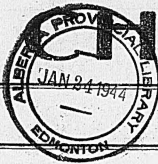


THE CHINOOK ADVANCE

Vol. 22

Chinook, Alberta. Thursday, 20 January 1944



Local News

Mr. Frederickson is in Calgary this week attending the U. F. A. Co-op Convention.

A church of England service will be held at the school next Sunday morning at 10:30 a. m.

Mr. and Mrs. W. Zawasky were Calgary visitors this week.

Postmaster Warren motored to Drumheller last week end.

Mr. Lorne Proudfoot attended the U. F. A. Co-op Convention this week at Calgary.

Miscellaneous Shower Held

On Wednesday, Jan. 19th, a lovely shower was held in honor of Miss Lena Zawasky, bride elect of the month. The dining room of the hotel was tastefully decorated in pink and white for the occasion. During the evening games were played followed by a short impromptu program. A beautifully decorated basket containing the gifts was presented by Mrs. Cooley and Mrs. Lawrence. There were many lovely gifts (every one useful and acceptable).

Miss Lena expressed her sincere appreciation. A dainty lunch was served by the ladies. In closing all joined Lena and sang "For She's A Jolly Good Fellow".

Dec. 19-43
To the members of the Chinook Red Cross:

I wish to send my heartfelt appreciation for being remembered, in the form of a grand large parcel which arrived safely.

There's wishing every one the complements of the season and hoping to spend the next one with you. Thanking you again.

Sincerely
Anker Asterud

Mrs. W. Milligan and daughter, Mrs. Joyce Hogg are Calgary visitors this week.

Harold and Teddy Rosenau returned last Friday, after having spent Christmas and New Year at the home of their sister, Mrs. Mongoulis of Prince Albert, B. C.

WEDDING

COLE—ROBISON

The home of Mrs. E. Cole, 313 6th Ave. N. was the scene of a quiet, but very pretty wedding at 9 p. m., Dec. 25th when Ruth, youngest daughter of Mr. Geo. R. Robison and the late Mrs. Robison, of Chinook, Alta., became the bride of Petty officer Frank Emerson Cole, of the Royal Canadian Navy, second son of Mr. W. Cole of Calgary, Alta., and Mrs. Eva Cole of Port Alberni.

The bride was given in marriage by Mr. R. J. Nicholas and Rev. F. H. Goughly read the marriage service. The impressive ceremony was performed under the twinkling lights of a beautifully trimmed Christmas tree.

The dainty golden-haired bride chose a lovely tailored frock of white Bunny wool with a corsage of delicate pink and white carnations and maiden-hair fern.

Miss Joyce Evans, as bridesmaid, was a charming contrast in a red, white and blue two piece frock with corsage of red and white carnations. Mr. W. K. Evans, the groom's uncle, acted as best man.

Following the ceremony a dainty buffet luncheon was served to a small gathering of immediate friends and relatives. The lace covered table, centred with the beautiful bride's cake and flanked by lavender and white mums. After the bride cut the cake, assisted by the groom, Rev. Goughly led in toasting the happy couple, followed later by the best man and others, to all of which the groom made sincere response.

The honeymoon will be spent on the Island visiting with friends and relatives, the bride travelling in a tailored navy blue pin-stripe suit topped by a grey polo coat and close fitting navy blue hat with veil. P. O. and Mrs. Cole will make their home in Victoria.

U. F. A. CO-OP

Now shipping agents for Alberta Poultry Producers.

HARDWARE and GROCERIES

Fruit and Vegetables
Block and Coarse Salt
Laying Concentrate

Compare our Prices

IMPORTANT ORDER REPAIRS

Check All Your Farm Equipment Because Repair Parts are difficult to get and getting more difficult as time goes on. If you leave your ordering until spring, chances are you will be disappointed.

DON'T DELAY
Ask Your Dealer For
I. H. C. & John Deere

COOLEY BROS.

Chinook, Alta.

Phone 10

BACON FOR BRITAIN 1944

Canada's Guarantee
450 MILLION POUNDS

Canada will try to deliver
600 MILLION POUNDS

to help Britain maintain the present weekly ration of 4 oz. per person.

To meet this need every pig possible will be needed and more sows should be bred now.

In hog production the largest item of expense is feed cost.

Practical trials on a wide scale show that under farm conditions and with good management a pig can be raised to 200 lbs. (150 lb. carcass) on an equivalent of 1000 lbs. of barley or wheat. This includes the sow's feed.

After making a liberal allowance for other costs, such as interest, depreciation and labour, the net returns on grain fed to hogs under good management, should not be less than the amount shown below.

B-1 Hog Price at Farm	Barley per Bushel	Feed Wheat per 100 lbs.	per bushel	per 100 lbs.
15c.	74c.	\$1.54	\$0.91	\$1.51
16c.	81c.	\$1.69	\$1.00	\$1.66
17c.	88c.	\$1.83	\$1.09	\$1.81

Quality premium or bonus on hogs not included in above.

BREED SOWS FOR BRITAIN

For further information consult your Provincial Department of Agriculture, Agricultural College, nearest Dominion Experimental Farm or Live Stock Office of the Dominion Department of Agriculture.

AGRICULTURAL SUPPLIES BOARD
Dominion Department of Agriculture, Ottawa

Honourable James G. Gardiner, Minister



Buy
WAR SAVINGS STAMPS

FROM
BANKS • POST OFFICES
DEPARTMENT STORES • DRUGGISTS
GROCERS • TOBACCONISTS
BOOK STORES and other RETAIL STORES

CANADA NEEDS FATS & BONES FOR HIGH EXPLOSIVES

HERE IS A DAY TO DAY WAR JOB FOR YOU!

SAVE ALL YOUR WASTE FATS AND BONES

- 1 You can take your fat drippings, scrap fat and bones to your meat dealer. He will pay you the established price for the dripping and the scrap fat. If you wish, you can turn this money over to your local Voluntary Salvage Committee or Registered Local War Charity, or—
- 2 You can donate your fat dripping, scrap fat and bones to your local Voluntary Salvage Committee if they collect them in your community, or—
- 3 You can continue to place out your Fat and Bones for collection by your Street Cleaning Department where such a system is in effect.

Department of National War Services
NATIONAL SALVAGE DIVISION

MAKE YOUR OWN CIGARETTES WITH

MACDONALD'S

Fine Cut

THE FINEST TOBACCO YOU EVER SMOKED

Britain's Merchant Navy

DURING THE EARLY PART of the war, much attention was focused on the work of the British Merchant Navy. With the increasing threat of the Allied attacks on land and by air, less has been heard of this branch of the service, although we have never ceased to be aware of the continuous part it plays in the prosecution of the war. It has been pointed out that in the last war, Britain's main supply line to her fighting forces was from Southampton to Halifax, a distance of a little over one hundred miles. In this war, the supply line to the Middle East, around the Cape, is almost 12,000 miles. During 1941, three hundred ships were continuously in operation on this route, and by April of 1942, over three million tons of military supplies, including one million tons of foodstuffs, had been delivered to Egyptian ports. During the campaign in North Africa, more than 10,000,000 tons of Allied merchant shipping were used to carry supplies for the forces there. It was also pointed out that on one night in March, 1943, more than one million tons of shipping were en route from Gibraltar to supply bases of the armies in Tunisia.

A Perilous And Difficult Task

One of the greatest and most perilous tasks undertaken by the British Merchant Navy in this war, has been that of maintaining the flow of supplies from this continent to Britain. During the anxious times in 1940 and 1941, when Britain stood alone against Germany, the whole course of the war depended on the ability of the British people to produce war materials. The Merchant Navy kept them supplied with vital raw materials and food at that time, and is continuing to do so. We are told that up to the middle of June, 1943, twelve thousand ships, carrying over 77 million tons of cargo, had been conveyed to Britain from Canada alone. Canadian merchant ships, and those of Allied countries, were included in these figures. In addition, over 200,000 Canadian soldiers have been taken to Britain by the Merchant Navy. It has also been pointed out that during the first three months of 1943, more than two and a quarter million tons of British shipping was working for the United States, under the mutual aid agreement between the two countries. Under the same agreement British transports have been given to the United States to carry American troops overseas.

Many Tributes Well Deserved

The Merchant Navy has carried large quantities of supplies to Russia over the dangerous northern route to Murmansk. The enemy has continuously hampered the progress of merchant ships on this route, yet by the end of 1942 nineteen large convoys had reached Russia and many have gone through since that time. A long and hazardous supply route has also been maintained to India, and large quantities of reinforcements and equipment have been sent there. One convoy which recently reached India was said to be so large that it could not be received at a single port, but had to be divided among several Indian sea ports. In the first three years of the war convoy of British merchant ships, manned by crews from Britain, the British Dominions, India, the Colonies, and from Allied and neutral countries, have travelled over 125,000,000 ship miles, which is equivalent to sailing around the world 3,000 times. This branch of the services without doubt, deserves the many tributes it has received, for it is clear that upon it has depended much of our success thus far, and that it will be equally vital until the last battle is won.

Doubling Up

How A Man Made Two Matches Out Of One

I feel you ought to meet an ingenious young man, who generously shared with fellow-passengers in the train his method of countering the match famine.

It is so simple. He merely splits the match down with a razor blade so that a blob of brimstone is left adhering to each half. By this means a box of matches goes twice as far. The halved matches are thin, but not too thin to strike without leading off a little care is used.—Leeds Yorkshire Pos.

First zoo in America was founded at Halifax in 1847 by Andrew Douws.

ACTS 2 WAYS TO RELIEVE MISERIES OF BRONCHITIS

Now get real relief from coughs, soreness and congestion of bronchitis—this double-action way that actually

WORKS 2 WAYS AT ONCE—PENETRATES deep into bronchial tubes with soothing medicinal vapors—STIMULATES chest and throat surfaces like a warm compressing poultice.

To get all the benefits of this combined PENETRATING-STIMULATING action, just rub throat, chest, and back with Vicks VapoRub at bedtime. Instantly VapoRub goes to work—2 ways at once as shown above—to ease bronchial congestion, loosen mucus, soothe inflamed, sore throat, relieve chest and throat surfaces like a warm compressing poultice. Often by morning most of the misery is gone. Get relief from bronchitis distress tonight with double-action, Vicks VapoRub. Tested Vicks VapoRub... Try It!

Use Of Plastics

Many Plastics Have Beginning Down On The Farm

The importance of plastics has been emphasized during this war, not only by architects and interior decorators, but by scientists. Many of these plastics are produced from farm oils. There are hundreds of uses for plastics in the manufacture of instruments and equipment for the machines of war. These same plastics will also be used for the needs of peace after the war years are past.

The cultivation of soybeans in Canada has been intensified in recent years. Soybeans have a definite place in the waterproofing of fabrics, and soy meal may be used to make plastics. Soybeans, apart from their value as a high protein feed for livestock, also provide edible oil and can be converted into a lubricating oil.

Progress has also been reported in investigations in connection with sunflowers, another plant from which an edible oil may be extracted.

SOLID MOLASSES

A process for dehydrating molasses and packing it in dry form has been developed by the U.S. Board of Economic Warfare. Finished solid blocks of molasses can be stored for indefinite periods in ordinary warehouses and sheds, and can be shipped, handled, and stored as general dry cargo.

Our Boys And Girls On Active Service

(By J. G.)

A portable medical laboratory for ships at sea has been developed by the R.C.M.C. research is a little more than a week-end bag, weighing about 40 lbs., it will be instrumental in saving lots of lives in the future. One out of 100 kits are already being distributed. From it they can make tests, diagnosis at sea, do bacteriological work, tuberculosis and diphtheria may be detected; there is enough blood serum for 100 tests. Another important feature, it makes possible the testing and purification of drinking water, often in foreign ports a matter of grave concern.

How an electrically-heated flying ship probably saved a life comes with the story of how Sgt. G. W. Meadows of Bowman Lake, Manitoba, got the Conspicuous Gallantry Medal overseas. Rear gunner in a heavy bomber, over the target an enemy night fighter smashed the mid-upper and rear turrets, put Meadows' back. It hit the wiring in his electric flying ship, was deflected, and the gunner put Meadows' back. It hit the wiring in his electric flying ship, was deflected, and the gunner put Meadows' back. It hit the wiring in his electric flying ship, was deflected, and the gunner put Meadows' back.

The lads in the fighting ships look with loving eyes on the big, ungainly mother ships which are part of navy units and very necessary. They are the floating naval base, a haven of comparative safety where men back from duty rest and relax with hot baths and good entertainment. She looks a bit queer, the mother ship—cross between a tanker and freighter, but different from either, with her repair shops and oversized sleeping quarters and galley. Actually she is the largest ship built in Canada to fly the white ensign; the ugly duckling of the navy, broad across beam, slow and stolid, with oil-pipes seaming her deck and loading booms jutting above them. The ship's company is all specialists.

Recently a detachment of the girls of the Polish Women's Army arrived in Montreal from all over Canada on their way overseas. They are joining the P.W.A.C. in London, England, for various highly specialized jobs. Two of them are refugees from Poland, and in the four years on this side have learned to speak our language fluently. Two westerners with whom being Pte. Alice Dabki of Maryville, Alta., and Lieut. Ruby Soper of Arcola, Sask. There was also Marie Zawieska of Winnipeg, also Vera Bork from the same city, even Genevieve Kory of Austin, Texas; some were from Detroit, Michigan. They wear a wide leather belt to distinguish them from the other uniforms, also the silver buttons bear the Polish Eagle insignia.

Professional and amateur theatrical and musical comedy stars of Canada's pre-war days are intermingled in the "Army Show" units which recently arrived overseas on tour. Westerners among them include L. Cpl. R. Wickbergh of Winnipeg, a singer, and from the same city a dancer named Pte. A. Phillips. The personnel are all trained for war. One unit has Sgt. R. M. Burns of Medicine Hat among the dancers. Pte. E. C. Brander, of Lethbridge, Alta., and L. Cpl. F. G. Cassidy of Drumheller. Pte. M. Moynihan of Regina, Sask., formerly of the C.W.A.C.s, is also with them.

In the battle honors recently following the invasion of Sicily and Italy are a number of gallant men from the west. Major W. G. Eury, of Edmonton, was awarded the Distinguished Service Order, while a Military Cross went to Lieut. J. A. Douglas of Edmonton. Albert was also in the limelight with Distinguished Conduct Medal winners, including Pte. G. C. Chisholm, of Edmonton, W. T. Davies, of Geneva, and Pte. Louis L. Melton, of Edmonton.

The familiar patches worn by Canadian soldiers of the recently disbanded 7th and 8th divisions and the re-organized 6th, will no longer be used. In future the grey and green diamond patch of the Atlantic and Pacific commands respectively will be worn by all Command operational troops as well as personnel permanently employed in training centres and district establishments of these commands.

Britain Finds Room

Has Planned 60,000 Refugees In Various Parts Of United Kingdom

Britain seems to be doing its part in finding homes for refugees. Sixty thousand non-British refugees have been admitted to various parts of the United Kingdom since May, 1940, and they still are arriving at the rate of 800 a month. The Foreign Office has disclosed. The announcement said 40,000 Polish refugees were being removed from Iran to East and South Africa, India, Palestine and Mexico through efforts of the governments concerned.—Sault Star.

CHILDREN'S LUNCHBOXES

War worker or children's lunchboxes should be kept clean and fresh. One of the best methods of cleaning is to wash out the lunch box frequently with warm water to which soda has been added. The lunchbox should be dried thoroughly.

THERE IS STRENGTH IN UNITY OF PURPOSE

Prairie Lumber Dealers Prove The Soundness Of This Theory In A Practical Test

(One of a series of articles about your community lumber merchant, by F. C. Fickell, well-known western newspaper writer)

The role played by local lumber dealers during the war has been outstanding, and of inestimable value to the communities they serve. The constructive service rendered provides a practical illustration on the value of unity of purpose in behalf of the general public. This story is worthy of more than passing reference. It has to do with the efforts made by local lumber dealers to take more equitable supply and distribution of necessary material for their clients under controlled wartime conditions, without any serious regard for anticipated profits.

When war was declared against enemy nations, the lumber and supply yards only had stocks on hand to take care of customary demands. The numerous training camps for the army, air force and navy accommodation just had to be met, without any argument. The large munition plants had to be erected, or old buildings overhauled and enlarged, in addition to increased demand for lumber in the various districts from coast to coast, particularly in the most important manufacturing centres.

To the superficial observer these hectic developments created an ideal foundation for the inauguration of an unstrained boom in the lumber industry. But it did not work out that way, for two substantial reasons. The statements in the various fighting forces soon reduced the number of experienced workmen in the lumber camps and mills in British Columbia and the northern spruce areas on the prairies. Then, in the spring of 1941 H. R. MacMillan, of Vancouver, was appointed Canada's first timber controller.

Any possibility of soaring prices quickly faded. The price of lumber in April 1941, when all lumber prices were frozen as at that date. True, some slight increases have since been authorized by the Wartime Prices and Trade Board, as a means of encouraging increased production at the lumber mills. But so far as the consumer is concerned, the prices now being paid for lumber remain about the same as set on the above date.

It would appear to be somewhat more than mere coincidence that the price of such an irreplaceable material as lumber was frozen some six months in advance of less essential commodities which were pegged originally at levels in force during the basic period. The point to be borne in mind is that many of the lumber camps have increased substantially, but the price of lumber has remained much more stationary.

The consuming public may thus gather from official records that the prices which community dealers were permitted to pay the mills for lumber, and the prices which they in turn could charge their customers, were all definitely established by federal government regulations. These decrees militated in times of emergency against the possibility of retailers securing supplies in desired quantities, as prices in export markets were not similarly controlled.

Butter Shipments

Shipments From Prairie Provinces Are Under Control

Those parts of Canada where butter supplies are low will benefit by an order issued December 23rd last, by the Dairy Products Board. The order prescribes that shipments of butter from the prairie provinces must be made only to destinations authorized by the Board and states that "no person shall, without authorization from the Dairy Products Board, ship or transport creamery butter in quantities greater than 1,000 pounds from the Provinces of Alberta, Saskatchewan or Manitoba into any other of the said provinces or into any other province of Canada." The order rescinds an earlier prohibition of butter shipments into Alberta and British Columbia. The object of the order is to prevent accumulation of butter where supplies are plentiful and to route it to deficiency areas.

For Faster Relief Of CHEST COLDS

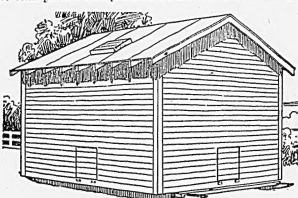
Muscular Aches & Pains Tired Burning Feet MASSAGE WELL WITH

BUCKLEY'S STAINLESS WHITE RUB PRICE 30c and 50c at ALL Drugists

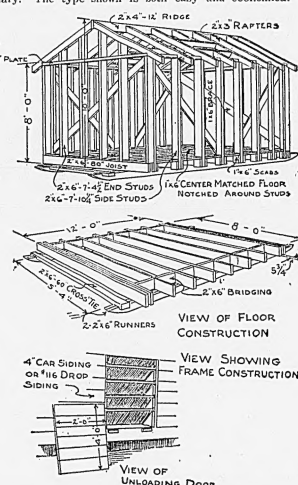
And so there came a time when local dealers throughout the prairie provinces in particular had to take united action in behalf of the various communities they represented.

The real crisis was reached when a record grain crop was harvested, and storage facilities reached a critical stage. This condition was intensified by the growing need for more and better accommodation for increased stocks of pigs and chickens to meet overseas demands. Stocks of lumber in the country yards were low on the control board's priority list to do much about it.

But something had to be done to relieve a bad situation. Acting through officials of their own organization, the Western Retail Lumbermen's Association, strong representations were made to the Ottawa government. It was not a matter of selfish interest in the form of greater temporary profits—then beyond the power of local business men—but a vastly more important urge to solve the pressing problems of their communities in a war emergency. The vital prairie food products



Portable Granary The grade of your wheat is such great importance that it will not be necessary to urge the value and necessity of a portable granary. The type shown is both easy and economical to build.



German Barbarians

The Wanton Destruction Of Centuries-Old Russian Churches

The German barbarians have destroyed the centuries-old Russian churches near Novgorod—memorials of the beginning of the Russian state and jewels of ancient art. The stern faces of princes and saints of old Russia, painted on ikons, stare through the broken walls of the Spass Neroditsy Church. Blocks of stone and heaps of rubble are all that remain of the strong walls built by unknown architects, which stood for seven and one-half centuries, until German artillery reduced them to ruin.

Artists and scientists came from all countries of the world to view the wonderful frescoes, creations of the masters of those times, and to study the art and architecture of Kiev-Novgorod.

HAS BEEN INDISPENSABLE.

Allan Nevine, professor of history at Columbia University, has written: "The British Empire has been indispensable to civilization. By it Britain has given peace, order and ever-broadening freedom to vast populations that might otherwise have sunk into chaotic strife; she has carried a great part of the burden of world progress; she has widened the bounds of fair play, free trade and representative institutions."

The British Eighth Army drove the German Afrika Korps 1,800 miles across North Africa. 2550

were at stake, and must be protected at all costs—a fact obviously overlooked at the time by those in authority.

The urgent need for roller in a serious situation among agriculturists, backed by higher priority at least during the emergency, was stressed in letters to the ministers of agriculture in Ottawa, Winnipeg, Regina and Edmonton in 1942. It was pointed out that dealers in local communities usually anticipated their requirements and stocked their yards during the summer to meet fall demands; that no number of any kind could be purchased at the time, and that the situation was not likely to improve. It was emphasized that unless the government authorities made it possible for the local dealers to stock their yards to the extent necessary, the farmers would be faced with a serious problem later on.

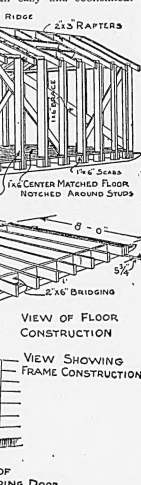
At that time it was becoming obvious that prairie grain growers would be unable to secure the lumber needed to build their own granaries, at the very time when urgently advised to do so. They also required buildings to shelter increased stock raised in answer to the government request for more bacon, butter, cheese and eggs for Britain.

This carefully organized co-operative effort secured the desired results. Ottawa finally acknowledged the importance of food production on the priority ratings, as an essential part of the war program.

There is strength in unity of purpose. That fact was clearly demonstrated by your community lumber dealers. A passing profit was not the fountain of inspiration, but rather service to the public.



Portable Granary The grade of your wheat is such great importance that it will not be necessary to urge the value and necessity of a portable granary. The type shown is both easy and economical to build.



EVERYBODY HAPPY

The town of Bonaville, Miss., had been trying unsuccessfully for years to get enough money to approach and repair a bridge across the Swift River. Then came along a corps of Army engineers looking for a bridge repair job as part of their training. The town and the Army got together, the bridge was repaired, the Army got its training and the town its bridge.

The grapefruit was brought to Florida by the Spaniards in the 15th century.

CRANKY RESTLESS WAKELFUL?

We can often blame nervous tension for miserable feelings and fears. And in these days, thousands of nervous people long to get a real grip on themselves... they yearn for quiet nerves. Many are taking Dr. Miles Nervine. This scientific combination of effective sedatives, Nervine helps relieve general nervousness, sleeplessness, nervous fears, nervous headache and nervous irritability. It has been used for this purpose for sixty years. Take Nervine according to directions and help things along with more rest, wholesome food, fresh air and exercise. Effectiveness Nervine Tablets: 35c and 75c. Nervine Liquid: 25c and \$1.00.

DR. MILES' NERVINE

YOUR BREAD IS
EASY TO TAKE!WITH ROYAL YEAST
IT'S EASY TO MAKEOnly 2¢ a day
ensures against
baking failures!
WRAPPED AIRTIGHT FOR
DEPENDABLE STRENGTH

FISH

Fish is one of the foods you can use interchangeably with meat as a source of protein. Salt water fish is valuable in your diet for the iodine content.

Many homemakers do not buy fish because they do not know the varieties and which are the best value for the money. Salmon, halibut and cod, besides being a good source of protein, are rich in the vitamins A, D, and G.

You will find that the price of fish is influenced by the locality and season, so you should buy fish when it is in season and the varieties that are caught near your home, for economy's sake.

Another doubtful point in many of your minds is how to tell fresh fish. If the eyes are full and bright, the gills red, the flesh firm and elastic, and there is no disagreeable odour—then the fish is fresh. If you wish to have fish that is not caught near home, it may be bought economically if it has been frozen, salted, pickled, smoked or canned. So you have a wide choice in respect to the varieties and their preservation.

You must not cook fish the same way as you do meat. You must have noticed that fish is never tough. This is due to the fact that there is no connective tissue as there is in meat. Fish should be cooked only long enough (10 minutes per pound is sufficient) to develop the flavour and change the texture. Prolonged cooking dries out the fish and spoils the flavour.

You should cook fish several different ways to add a variety to your menus. Fillets and small fish may be broiled or pan-broiled in oil or fat and basted during the cooking to prevent the fish drying out. Fish may be coated with bread crumbs and egg or cornmeal and fried in fat at a high temperature to prevent the fat soaking into the fish. Larger size fish may be stuffed and baked in a moderate oven, basting with melted fat, or salt pork or lean bacon placed on top of the fish will add richness and flavour. You could wrap fish to be boiled in cheese cloth to facilitate handling.

Lack of colour, flavour, and richness in fish can easily be supplied by garnishes and sauces; e.g., lemon, cucumber, parsley, tartar, tomato or egg sauce.

For tempting recipes, write to the Western Division Health League of Canada, 111 Avenue Road, Toronto, Ontario.

Skin Eruptions

Here is a clean, stainless, penetrating antiseptic oil that brings speedy relief from the itching of eczema.

Not only does this healing antiseptic oil promote rapid and healthy healing in open sores and wounds but it also relieves itching and soothes the skin.

In skin affections the itching of Eczema is quickly stopped. Pimples, skin eruptions dry up and scale off in a very few days. The same is true of Dermatitis, Salt Rickets, Itching Toes and Feet and other inflammatory skin disorders.

You can obtain Moore's Emerald Oil in the original bottle at any good drug store. Satisfaction guaranteed or money back.

Tumbling Mustard

Came To Prairie Provinces From Central Europe About 1887

Tumbling mustard was first introduced into the Prairie Provinces from central and southern Europe about 1887. Each pod contains about 120 seeds and a single plant has been known to bear about 1,500,000 seeds. When the seeds are ripe, the whole head breaks off and is blown across the prairie, scattering seeds far and wide. As the seeds are not easily shed from the tough pods, a head may be blown about the prairie for a whole winter, dropping a few seeds at intervals for many miles.

Flying automobiles, with detachable wings, are predicted by a highways official. Many a looping prediction has felt the need of such a device for his own use.

Asthma Mucus
Loosened First Day

Chronic coughing, wheezing, Asthma and Bronchitis ruin your health. The prescription, Apple-Tabs, dissolves the mucus in the blood, promptly helping to curb these attacks and usually clearing the lungs in 10 minutes, thus giving free easy breathing and restful sleep. The action, which will do, for \$1.00 Apple-Tabs free. No cost. No obligation. Just tell us if it stops your Asthma attacks. Knox Company, 771 Knox Bldg., Port Erie North, Ontario.

"MIDDLE-AGE" (38-52) WOMEN (yrs. old) NEED THIS ADVICE!! If you're cross, restless, NERVOUS—natter hot flashes, dizzy spells—during this period in a woman's life—try Lydia E. Pinkham's Vegetable Compound. Made especially for women. Hundreds of thousands testify to its remarkable results. Follow label directions. Made in Canada.

OUR COMPLETE
SHORT STORY—

Time To Retire

By JANET DORAN

McClure Newspaper Syndicate

Vicky Van closed the door to the main ward and sat down in the hard oak chair at the hard oak desk. Gingerly she untied her shoes and slipped them off, wriggled her toes and sighed in deep relief. Her bunions throbbed like a toothache; it had hurt ever since the night she'd stood in the snow-covered hospital yard helping apply first aid measures to five smash-up victims.

It was silent with the brooding hush of dawn in the big hospital, and Vicky's fifty years rested heavily on her square shoulders at such an hour. Still, she wasn't old. Ridiculous that Dr. Baird should suggest she retire. Nurses and doctors achieved their valuable years at this age.

The light over 18 flared red and began winking violently. Nurse Van put on her shoes over protesting feet. Darn Mrs. Kelsey! She demanded more attention than the private patients with special nurses and topflight specialists dancing attendance on them. And there was nothing wrong with her except that she drank too much coffee, ate too many sweets and howled when she had a pain.

"Yes, Mrs. Kelsey," Vicky Van said soothingly.

"Call Dr. Baird, Miss Van; it's my heart again."

"Your heart is sound as a brick, Mrs. Kelsey," Vicky snapped. "And Dr. Baird can't be disturbed except in an emergency."

"You'd let me die like this?" Plainly Mrs. Kelsey accused Vicky of murder.

Vicky finished taking her pulse. Normal. She took her temperature, and went to look at the sleeping girl in the curtained alcove next the window.

Althea Valenski had an incurable cardiac disease, yet she made fewer demands than anyone else in the ward. Guessing her hours were numbered, she bore her pain and terror patiently lest those few remaining days become a burden to others.

It was shrewd observation of Althea that provided Mrs. Kelsey with a pattern for her imaginary ailments. She opened her eyes now and smiled wanly at Vicky; reached to touch her hand mutely, then closed her eyes.

Back in her chair Vicky again took off her shoes. A baby cried fretfully in the maternity ward. In the old kitchen the nurse whipped a milk shaker, and the dumb-waiter stopped with the usual five o'clock coffee and toast.

Time to retire indeed, thought Vicky. She'd like to tell Dr. Baird a thing or two!

On duty at seven that night she found a call order awaiting her. "Super's office, Van; hope it isn't tough luck." The little day nurse flung her a warm smile as she hurried away.

"Miss Van, Dr. Baird wants you. It's Mrs. Kelsey—she's been reporting everyone from the faulter up for neglect of duty and mayhem today."

"Miss Van, did you refuse to report a heart attack when Mrs. Kelsey expressly told you to call me last night?" Dr. Baird demanded.

"Mrs. Kelsey's heart is as sound as yours, Doctor Baird. I thought you needed the rest!"

"It's not your place to do my thinking for me, Miss Van! Mrs. Kelsey has made a difficult situation for all of us out of this. She complained to the Board and the Superintendent, and we'll be fortunate if she doesn't go to the City Hall and Capitol, too!"

"I'll have to give you a young assistant, Miss Van. I can't cope with this continued disturbance over trifles."

Vicky went about her work with a heavy heart. She wasn't too old. She wasn't! And she needed this job. She had no kin, nowhere to go, nothing to do beyond this. She'd built her whole life around nursing.

The light flashed sometime later and she jumped to answer the signal. But this time Mrs. Kelsey had pulled the cord for Althea, not herself. One look, and Vicky dove for the emergency cord.

"Get Baird on the run!" she ordered. Minutes that seemed hours later, she felt Dr. Baird's presence. Saw despair in his face as he worked to rally the fading spark of life.

For a moment Vicky thought that Mrs. Kelsey took this occasion to stage one of her fake attacks. Unfortunately in that Vicky was concerned with saving

ing a life, not pandering to the tantrums of a hypochondriac.

"My heart!" whimpered Mrs. Kelsey.

Vicky, handing Dr. Baird instruments from the enamel tray, ignored her. Althea's face grew grey, her pulse fluttered lower, stopped, then flickered again.

"Water," moaned Mrs. Kelsey. "I'm dying!"

Vicky flung a glassful of ice water in her face and yanked a fresh needle into the adrenal injector. Dr. Baird worked on in the awful silence of desperation.

Hours afterwards, Vicky crept down the corridor, cap in hand, hair limp about a wet, exhausted face. Althea was alive, but she was through. She'd hand Baird her resignation now. Time to retire when you lost your temper in a tight spot. "Ah... Van... come in!" Dr. Baird lit his briar and eyed her under beetling grizzled brows. "Glad we won, Van, but it was a tough experience."

Vicky's tired eyes widened with surprise. Not a word about insubordination! Not a word about quitting.

"I came to tender my resignation, Dr. Baird. I guess you're right, it's time I retired."

"Resign? Retire? Great hat, what for, Van? Best nurse in an emergency we've had here. Anyone less experienced would have failed! For that shabby act the Kelsey woman staged, but you know that every second counts when you're fighting a bad heart lesion."

"Thank you, Dr. Baird, guess I'll turn in," said Vicky feebly.

"Do! Time we both had a little shut-eye. See yours on duty on time tonight, Van! We need you at Brandt Memorial."

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TOPICS
VITAL
INTEREST

UNITED NATIONS FOOD
CONFERENCE

"It has for too long been taken for granted that food is available to all," says the Canadian Medical Association Journal in commenting on the conference on Food and Agriculture held at Hot Springs, Ark., when representatives of 44 countries, nine of them occupied by enemy forces, took part.

"For the past twenty years there has been a rising tide of education on the subject of nutrition. It has reached such heights as to raise hope that the average individual is beginning to absorb the main principles... and yet that is not the most important side of the matter. It is well to teach the principles of good nutrition, but it is necessary to have the food first. That the production of food can be made adequate has never been questioned. That there has been a failure to distribute food reasonably and to all, is equally beyond question. The paradox of starvation of the consumer and ruin of the producer in a world of plenty is one at which we may well gaze with dismay. There is, therefore, more than ordinary significance in the recent United Nations Conference on Food and Agriculture. . . . The delegates could not bind their countries as they had no power to do so, but they made unanimous recommendations which should be highly effective in each country. . . . Only through the work of the League of Nations could an accurate and comprehensive picture of the state of nutrition throughout the world be available . . . and it will be one of the tasks of the proposed United Nations food and agricultural organization to complete the picture in dismal detail and replace it by a brighter one."

The article went on to say that from the medical point of view the work of the Conference holds out hope of the problem being approached practically. Only by its solution can the prevention of disease, on a scale far beyond what could be done by separate medical planning, be attained. Indeed "no plans for the betterment of human health can be more than imperfect makeshifts so long as nutrition is poor."

MORE BARBED WIRE

Production of barbed wire will be increased in Canada this year. . . . This should be good news to farmers and ranchers who require wire in large quantities. Manufacturers will be allowed to establish consignment and storage stocks at the head of the Great Lakes to meet western requirements during the months of closed navigation.

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 Director, Agricultural Department
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Production Objectives— Or Expectations?

For two years, Dominion and Provincial Government officials have announced definite production objectives in plenty of time for farmers to plan their own programmes. The 1944 objectives, made public over a month ago, have had time to "sink in." Will they be met?

In looking over the published figures, I, for one, find it difficult to distinguish between hopes and expectations. The Dominion-Provincial Conference favoured no increase in wheat acreage; but in view of the relation between the price of wheat and other farm products, and the discontinuance of wheat acreage reduction payments, a considerable increase is probable.

The figures published for oil seed crops are puzzling when considered in the light of Mr. Condit's statement, as quoted in the "Farm News Press Clip Sheet, No. 424," which reads in part, "Of special products, such as oil producing plants (crops) . . . it is hoped that some improvement in quantity will be accomplished." But the 1944 "objective" for oil seed crops is given, on the same page, as 2,005,700 acres—only 66% of the 1943 acreage! For what it is worth, we offer the opinion that the objective will win and the Minister's hope will lose, unless the price for flaxseed is fixed at a very attractive level.

The farmer will be governed very largely by what will pay and by what the United Nations need. He has, to some extent, sacrificed the former for the latter; but can only go so far. We mustn't expect to get flax without paying what it costs.

Mr. Jas. Aitken left last week for Vancouver, B. C., where he will join Mrs. Aitken and visit at the home of his father, Mr. Andrew Aitken

Mr. J. Robinson is a Calgary visitor this week

Mr. N. Schmidt is spending a few days in Calgary this week

Mrs. Paul Serger is visiting in Hanna this week

Mr. Doug Smith of Cereal attended the U F A Co-op Convention at Calgary this week.

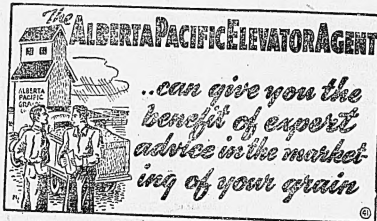
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[] Christian Herald ... 9 mos.	[] Family Herald & Weekly Star 1 yr.
[] American Girl 1 yr.	[] New World (Illustrated) 1 yr.
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